

# WINTER SOCCER CLINIC

*Sponsored by SDA Foundation*

Held at the San Dieguito Academy Stadium

For 8 to 14 years old

December 21-23: From 1:00- 4.00 pm

- \* **DIRECTED BY JESUS RICO-SANZ, HEAD COACH OF SDA BOYS SOCCER**
- \* **WATCH THE SDA VARSITY TEAM PERFORMING IN TRAINING FROM 1:00 TO 1:40**
- \* **MEET THE PLAYERS FROM 1:45 TO 1:55 PM**
- \* **PRACTICE THE SKILLS FROM 2 TO 4 PM**
- \* **DEMONSTRATIONS OF EACH TECHNICAL ELEMENT**
- \* **BREAKING TECHNICAL ELEMENTS INTO SMALL COMPONENTS**

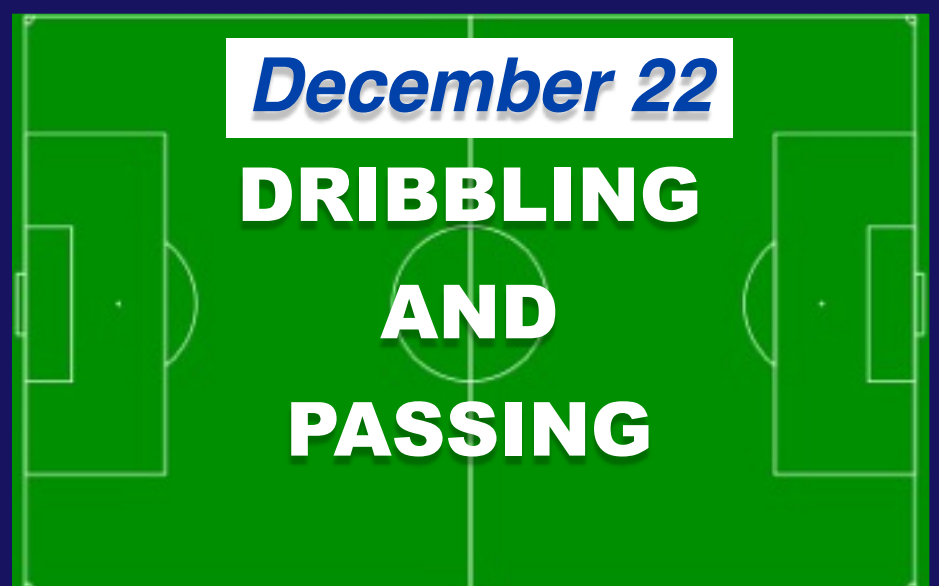
## **EMPHASIZING THE MAIN TECHNICAL ELEMENTS:**

- BALL CONTROL**
- PASSING**
- DRIBBLING**
- SHOOTING**



## **APPLYING THE TECHNIQUES TO GAME SPECIFIC SITUATIONS**

- POSITION SPECIFIC**
- AREA OF THE FIELD**



## **ESSENTIAL COMPONENTS OF PROPER DECISION MAKING DURING GAME PLAYING**

- FIELD VISION**
- AWARENESS**
- FOCUSSING**

