

# Camp Gordy

## Cross Country Beach Campout

**WHO:** THE FIRST 30 confirmed little campers (space is limited)  
- Signed parent consent /conduct code form (attached),  
- A copy of medical insurance card  
- T-shirt size and returned to Gordy to reserve a spot by July 28th

**ONE MORE THING...** I will have to limit the numbers this year, I'm going to say that this is a running camp and yes, we will run. It spoils some of the fun for you and for us when you show up unprepared to train. Your non-running spot takes up a place that someone who's been running might otherwise have had.

**Please think before signing up. "Will you be able to run 4 miles nonstop at Camp?" If the answer's yes, then sign up now!**

**WHAT:** The Fifteenth Annual Cross Country Beach Campout

**WHEN:** Drop off - Tuesday, August 10 after 2 pm  
Pick up – Thursday, August 12 by 10:00 am

Participants responsible for own transportation to and from camp site  
**LIMITED PARKING AVAILABLE – ALL PARTICIPANTS MUST BE DROPPED OFF/ PICKED UP- CARPOOLING RECOMMENDED**

**WHERE:** San Onofre State Beach Campground: Sites, # 57-62  
Reservations under: Haskett

**MORE  
WHAT:**

**YOU WILL NEED TO BRING:**

SIGNED parent consent/code of conduct form

\$60 to pay for group dinners, campground fees, t-shirt...etc.

RUNNING GEAR – this is a running camp after all

Tent (sharing encouraged with athlete of same gender)

Sleeping bag/pad – PILLOW

Camp chair

Flashlight

Breakfast and Lunch for 2 days plus your own drinks **(WATER!!)**

Cooler with ice for your food

Snacks to share

Guitar, Bongos, Cello, Harmonica... Leave the electronics at home

Camping clothes – plan for warm and cool weather

Personal items (towel, toiletries, SUNSCREEN)

Substantial hike to beach – backpack will be useful

Bathing suit / beach toys

Bring valuable items at your own risk

**RUNNING GEAR and RUNNING SHOES!!! ...no excuses WE RUN!**

Firewood is always greatly appreciated

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**INFO ON SAN ONOFRE CAMPGROUND:**

San Onofre offers limited amenities (creature comforts). There are rustic toilets and outdoor showers (cold). The hike to the beach is steep and long so plan accordingly.

**CAMP ETIQUETTE:** Electronic devices are to be turned off at all times.

Everyone is expected to pick up after themselves (trash/recycling) in a timely manner.

No playing in the camp fire.

In respect of the other campsites, quiet voices after dark.

Questions?

Contact Coach Gordy Haskett

[Flashgordonruns@aol.com](mailto:Flashgordonruns@aol.com)

Cell (760) 533-9642

# Camp Gordy

## Cross Country Beach Campout

**REQUIRED** Parent/Guardian Consent Form and Code of Conduct Form

### CODE OF CONDUCT/RULES OF BEHAVIOR

The rules listed below are for your safety and well being. Don't hesitate to ask Gordy if you have any questions on how the rules affect you.

- You must not be alone at anytime during the campout. You must be with one of the chaperones and/or other members of our group.
- You must abide by all the rules and regulations of the State Park system.
- You may not leave the campground without Coach Gordy's permission.
- All scheduled activities are mandatory.
- During designated free time, you will check in on a regular basis with one of the chaperones.
- Do not bring fireworks, firearms, knives or other weapons, cigarettes, drugs, or alcohol.
- You will remain in the camp site after dark and will abide by wake up/lights out time schedules.
- No pets allowed.

IF you choose not to abide by any of these rules, your parents will be contacted and asked to pick you up immediately.

PARTICIPANT'S NAME \_\_\_\_\_ T-shirt size \_\_\_\_\_

PARENT/GUARDIAN NAME \_\_\_\_\_

PHONE:

HOME(\_\_\_\_)\_\_\_\_\_ WORK(\_\_\_\_)\_\_\_\_\_ CELL(\_\_\_\_)\_\_\_\_\_

I, the above-named parent or guardian, grant permission for my above-named child, to participate in Gordy's Cross-Country Campout. I am fully aware that my child's participation in the campout is totally voluntary. There are certain risks arising from various activities, including but not limited to bodily injury, that could result from my child's participation in the campout. I have knowingly and voluntarily decided to assume the risks of these inherent dangers. I agree to hold harmless all individuals participating in the campout from any and all liability, loss, or damage. My child and I have reviewed and agreed to the code of conduct/rules of behavior for this event.

Parent Signature \_\_\_\_\_ date \_\_\_\_\_

Participant Signature \_\_\_\_\_ date \_\_\_\_\_