

San Dieguito Academy Cross Country Team Time Trial and BBQ

- WHO:** SDA 2023 Cross Country Athletes & Families, SDA Teachers & Staff
- WHAT:** SDA Cross Country Time Trial and BBQ
Cross Country team members will receive a free XC team t-shirt design by Coach Gordy
- WHEN:** Friday, Sept 22nd
Race starts by 4:15pm
\$3 parking fee--GATES LOCK @ 7PM
- WHERE:** San Dieguito Park, lower park for Time Trial, upper park for BBQ

We need parent volunteers to help with the Time Trial and the BBQ. We will need help with course set-up and timers, as well as BBQ set up, grill masters, and clean up. Please sign up on the Sign-up Genius (invite will be sent out to the group) to bring a salad, dessert, or drinks to the BBQ or to help out.

We need lots of parents for this one!

RSVP by **9/18** to Signup Genius -- SDA Cross Country (link to come) with the number in the family attending, and how you would like to help out. Please add a comment if you would like vegetarian burgers.

Questions? Contact Kelly Unruh at sda.xc.parent@gmail.com

Want to Support the Team?

- ⇒ For a \$10 donation you can race with the 2022 Mustangs team and earn a SDA XC team T-shirt for finishing this challenging course.
- ⇒ For a \$15 donation, family members, teachers and staff will have the opportunity to purchase our Limited Edition team shirts. This is a great way to recognize other parents at the meets and show your Mustang support. (Adult sizes only)
Use the 2023 Parent T-shirt Form to order.